

**The medical field reiterates the importance of build, boost, circulate.**

“Health begins with building a strong foundation. We must consume the proper nutrients to build healthy cells, bones and tissue. When we eat the right foods and take proper supplements, we can achieve the dynamic health that will help us maintain our youth and vigor long into old age.”



–William Keller, Ph.D.



“Many long-term health conditions are caused by free radical damage. The best way that we have found to reduce this damage is to consume good foods that contain powerful antioxidants.”

–C. Norman Shealy, M.D.

“The heart is the most important organ in the body. Maintaining a strong, healthy heart and healthy circulatory flow is vital to overall health. The heart is one area you must not neglect.”



–J. Joseph Prendergast, M.D.

**About Synergy WorldWide**

Synergy WorldWide, led by Founder and CEO Dan Higginson, is a world leader in health and anti-aging products. The highly capable team of executives has more than 70 years of combined experience in the network marketing industry and the determination it takes to achieve success.

Since its founding in 1999, Synergy has established a proven track record of success in markets around the world. Synergy WorldWide is a division of Nature’s Sunshine Products (NSP), a respected debt-free company with more than 35 years in the herbal-health industry.

Visit us at [www.synergyworldwide.com](http://www.synergyworldwide.com) to learn more about our revolutionary line of nutritional and personal care products.

For more information, contact:  
**Boyd Lynn/Debra Gerber**  
MID: 1512387  
1042 East Fort Union BLVD #135  
Midvale, Utah 84047  
[gerberb@zenez.com](mailto:gerberb@zenez.com)  
<http://pa9plus.mwiap.com/>



1955 West Grove Parkway • Suite 100  
Pleasant Grove, Utah 84062  
[www.synergyworldwide.com](http://www.synergyworldwide.com)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, cure, treat or prevent any disease.

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**BUILD • BOOST • CIRCULATE**

# The pathway to a healthy you.

At Synergy, we understand the power of good health for a happy life. Our platform of health, “Build, Boost, Circulate”, is an integral part of creating a healthy and energetic life. One product is not enough to ensure that every part of the body receives the support it needs. The secret lies in the totality of the system.

When the channel of Build, Boost, Circulate is used, the associated products continuously work together to complement and support each other, building a strong foundation for health, boosting the body’s immune system with powerful antioxidants, and supporting the circulatory system for improved heart health.



## Build

Think back on what you ate in the last 24 hours. Was it very healthy? If you follow the modern trend, chances are your meals lean toward processed foods and away from healthy fruits and vegetables. Today’s lifestyle makes it difficult to consume the vitamins and minerals we need to stay strong and healthy. Building your body’s strength, immunity, energy levels, and nutrition is essential to a healthy life. Daily intake of key vitamins can help build and strengthen your body’s internal organs, cells and tissues and keep your bones, nervous system, and other important bodily systems functioning properly.

Synergy products such as *Core Greens* and *Nutri-Mor* are excellent ways to build your body’s vitamin and mineral intake.

## Boost

Free radicals pose a threat to your health and well-being. They damage the cells in your body by causing oxidation which contributes to premature aging, tissue damage, and other serious long-term health conditions. Antioxidants combat free radical damage and boost your immune system. Nutritional supplements high in antioxidants and other essential vitamins and minerals provide not only a boost of energy and strength and leave you feeling noticeably renewed, but they also boost your immune system and natural anti-aging cell renewal from within.

Try Synergy’s *Mistica* to boost your energy and immune system.

## Circulate

The highway that makes up your circulatory system is responsible for transporting nutrients, water, and oxygen throughout your entire body to help stabilize your body’s overall health. Central to the circulatory system is the heart—the most important organ in your body. Without a strong heart, good health is difficult to achieve, and maintaining optimal heart health and cardiovascular fitness is very important for long-term wellness. Synergy Circulate products support heart health, help maintain a healthy circulatory flow, reduce stress to the heart, flush toxins from the blood stream and other body systems, and bring about complete renewal and purification of the body.

Maintain a healthy circulatory flow and a strong heart with products such as *ProArgi-9 Plus* and *ProArgi-9 Plus Mixed Berry*.