

slim · lose · maintain

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# ProArgi-9+

ProArgi-9+ is the highest quality I-arginine supplement in the world. This proprietary formulation combines the powerful cardiovascular benefits of I-arginine with a variety of superior heart health ingredients to give your cardiovascular system optimum support. ProArgi-9+ was formulated in collaboration with leading scientists and cardiovascular specialists who have conducted extensive research on the proper application I-arginine in promoting heart health. With ProArgi-9+, you're giving your heart the supplementation it needs for a long, healthy life.

## BENEFITS

- Enhances blood flow and energy levels
- Aids in building lean muscle mass and decreasing body fat
- Supports cardiovascular health and combats premature cardiovascular aging.

## **KEY INGREDIENTS**

 L-arginine — an amino acid that does amazing things for anyone striving to efficiently manage their weight. L-arginine is metabolized to nitric



oxide in the body, a gas that enhances blood flow. Of the many physiological benefits that nitric oxide provides, it has been shown to assist in the metabolism of fat and glucose. This metabolism is essential for the body to utilize food as fuel rather than to store it as fat. Additionally, I-arginine increases the uptake of branched chain amino acids. These compounds have been shown to increase weight loss and enhance the body's ability to boost lean muscle mass. By increasing lean muscle mass, the body is able to burn calories more effectively. Finally, I-arginine has been shown to reduce weight gain by stimulating the production of mitochondria, the power plants of the cell. By increasing mitochondrial numbers, more food nutrients are oxidized to give valuable energy.

 L-citrulline — another amino acid added to prolong the action of I-arginine in the nitric oxide pathway. This provides a longer-term, sustained release of I-arginine and all its associated benefits.





## FREQUENTLY ASKED QUESTIONS

#### How often should i drink ProArgi-9+?

For best results, take two servings each day.

### Should I take ProArgi-9+ with food?

For maximum benefit, ProArgi-9+ should be taken before or in between meals. Certain amino acids may compete with I-arginine for absorption, so it is best to separate it from other dietary amino acids. All benefits are certainly not lost by taking ProArgi-9+ with food or beverages, but benefits may be somewhat reduced. Taking ProArgi-9+ 60 minutes before eating food should be sufficient to promote optimal absorption.

#### How much I-arginine is in ProArgi-9+?

Each serving of ProArgi-9+ is packed with 5,000 mg (5 grams) of pharmaceutical grade I-arginine.

## How much weight can I expect to lose on Synergy's SLMsmart weight management program?

Over the course of 90 days, you can expect to lose at least 10% of your body weight, which is considered a healthy rate for weight loss, optimal for long term results.

The statements within have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.